



Egg Shell Seed Starter



SUPPLIES



• Cracked egg shells



Empty egg carton



Potting soil



Seeds

ADDITIONAL INFORMATION

Did you know that once egg shells are planted into the soil, they will break down and provide your plant with calcium? Calcium helps plants develop strong cell walls, similar to how it helps your body develop strong bones! Using egg shells as seed starters is also an easy way to compost the shells and reduce kitchen waste.

1



Rinse cracked egg shells. You will need at least 1/2 of the shell intact. 2





Fill each egg shell with soil and place in an egg carton for support. ____ Lightly spray to moisten the soil.

3.



Place 1-2 seeds in each egg shell and cover lightly with soil. Place in a sunny window. 4.



Spray daily to keep soil moist. Do not soak! Seedlings should emerge __ in about 7-10 days.

5.



When ready to plant, lightly squeeze egg shell to crack it. Place __ the whole thing in the ground!